



Pediatric & Adult Allergy & Asthma
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Dear Parent,

Thank you for scheduling an appointment for your child to be seen at our office. We would like to welcome you and your child to our office and look forward to working with you. Our goal at this appointment will be to review your child's medical history and help identify factors that may trigger symptoms. It is important that the focus be on your child so **it is requested that only the parent(s) and the patient come to this initial appointment.** Skin testing for allergens helps us identify certain important triggers that may provoke these symptoms. We request that all antihistamines (e.g.: Benedryl (diphenhydramine), Chlor-Trimeton (chlorpheniramine) Dimetapp, Claritin (loratidine), Clarinex, Zyrtec (cetirizine), Xyzal, Allegra (fexofenadine), Dexchlorpheniramine, Atarax, Alavert, Contact, Comtrex, Actifed, Sudafed, Nyquil Sinus, Tylenol Cold, Tavist (clemastine), Periactin (cyproheptadine), Vistaril (hydroxyzine), Phenergan (promethazine) etc.) be avoided for at least five days prior to the initial visit because of their ability to interfere with skin test results. Please also avoid Astelin (azelastine nasal) and Patanase (olopatadine) nasal sprays as well as Pataday eye drops. Please check with us if your child is on antidepressants as some of them can also suppress skin test reactions. Females may find it more convenient to wear a two-piece outfit because skin testing is done on the back.

A three hour block of time has been set aside for you and your child. Should a change in the appointment become necessary, please call us at least 24 hours in advance. We will call you on two days before to confirm the appointment. Failure to cancel the appointment after confirmation may result in a charge being assessed.

Please bring the enclosed forms with you fully completed and any laboratory results and/or x-rays and reports that have been done prior to your visit. If you are unable to complete the enclosed forms before your child's appointment, please arrive 15 minutes before the appointment time to complete them. If the forms are not completed and/or you arrive more than 15 minutes late, you may be rescheduled. It is very important that you be on time. Your punctuality will make it possible for us to do our very best for you. Once again, thank you for calling and we look forward to seeing you.

Sincerely,

Sherwin A. Gillman, MD

Mark H. Ellis, MD, MPH

Sarah Samimi Field, MD

Wan-Yin Chan, MD