



Pediatric & Adult Allergy & Asthma
725 West La Veta Avenue, Suite 100
Orange, California 92868
Phone (714) 633-6363
Fax (714) 633-0178

Mark Ellis, M.D., Division Chief
Sherwin Gillman, M.D.
Sarah Samimi Field, M.D.
Wan-Yin Chan, M.D., M.S.

Dear Patient,

Thank you for scheduling an appointment to be seen at 725 West LaVeta, Suite 100 at our Orange office. We would like to welcome you to our office and look forward to working with you. Our goal at this appointment will be to review your medical history and help identify factors that may trigger symptoms. Skin testing for allergens helps us identify certain important triggers that may provoke these symptoms. We request that all antihistamines (e.g.: Benedryl (diphenhydramine), Chlor-Trimeton (chlorpheniramine) Dimetapp, Claritin (loratidine), Clarinex, Zyrtec (cetirizine), Xyzal, Allegra (fexofenadine), Dexchlorpheniramine, Atarax, Alavert, Contact, Comtrex, Actifed, Nyquil Sinus, Tylenol Cold, Tavist (clemastine), Periactin (cyproheptadine), Vistaril (hydroxyzine), Phenergan (promethazine) etc.) be avoided for at least five days prior to the initial visit because of their ability to interfere with skin test results. Please also avoid Astelin (azelastine nasal) and Patanase (olopatadine) nasal sprays as well as Pataday eye drops. Some antidepressants, such as: amitriptyline, nortriptyline, Quetiapine (Seroquel), mirtazapine or anxiolytics such as clonazepam, diazepam, lorazepam and alprazolam, can also suppress skin test reactions so please check with us to see if any adjustments are required. Also, we ask that you bring all your current medications with you, not just those concerned with your possible allergies. Females may find it more convenient to wear a two-piece outfit because skin testing may be done on the back.

A three hour block of time has been set aside for you. Should a change in the appointment become necessary, please call us at least 24 hours in advance. We will call you the one to two days before to confirm the appointment. If we are unable to reach you, the appointment will automatically be canceled. Failure to cancel the appointment after confirmation may result in a charge being assessed.

Please bring the enclosed forms with you fully completed and any laboratory results and/or x-rays and reports that have been done prior to your visit. If you are unable to complete the enclosed forms before your appointment, please arrive 15 minutes before your appointment time to complete them. If your forms are not completed and/or you arrive more than 15 minutes late, you may be rescheduled. It is very important that you be on time. Your punctuality will make it possible for us to do our very best for you. Once again, thank you for calling and we look forward to seeing you.

Sincerely,

Sherwin A. Gillman, MD

Mark H. Ellis, MD, MPH

Sarah Samimi Field, MD

Wan-Yin Chan, MD, MS